

BURN

Find Your Inner Fire

AT A GLANCE:

Our talk series, *BURN: Find Your Inner Fire* addresses one of the greatest epidemics the world is facing today: Burnout.

At the root of it all, burnout isn't only emotional or physical, but spiritual. *Burnout is a spiritual sickness.*

The good news: *God has the perfect antidote.* This series unpacks God's solution.

AFTER THE SERIES:

You will find a connection between your spiritual thirst and your burnout—and how you may apply God's solution to your burnout.

Talk 3: "Burn Up"

WHAT IT'S ALL ABOUT:

Talk 1 Burn In, defines burn as using heat to etch or write or draw or mark into a material. The talk focuses on one thing that fire does: Fire transforms anything it touches.

Talk 1 identified the first root cause of burnout: We expect from stuff what only God can provide. On our own, we burn what's inside of us-- our hunger for stuff, or success, or sex, or substances. At the right time and in the place, all those are gifts from God. But unless we put God first, all those things will just produce struggle.

Talk 2 Burn Out, presents the second root cause of burnout: We burn what's out there— what's outside of our reach. We struggle to control what we cannot control.

Talk 3 Burn Up, points out that there's a fire inside you. And that inner fire can be a mother or a monster. Some call that inner fire passion.

You have a choice. You can burnout or you can burn up. You can allow that passion to burn you out, or you can burn it up —take charge of your inner fire, and tame it by the values of selflessness and humility it will be a mother that gives birth to strong relationships, strong families, strong ministries, strong businesses, and strong movements.

Notes:

I. REVIEW THE KEY BIBLE VERSES:

Review the story of Elijah.

- Elijah, the premiere prophet in the Old Testament, stood beside Je-sus and Moses during the Transfiguration.
- He challenged 450 prophets of Baal—and won. *separated and came to rest on each of them.*" (Acts 2:3 NIV)
- He didn't die a physical death but rode a Chariot (Private Jet) to Heaven.
- Elijah suffered from depression.

Here's the story: Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword. So Jezebel sent a messenger to Elijah to say, "May the gods deal with me, be it ever so severely if by this time tomorrow I do not make your life like that of one of them." (1 Kings 19:1-11 NIV).

BURN

Talk 1:
Burn In

Talk 2:
Burn Out

Talk 3:
Burn Up

Talk 4:
Big Day



