

BURN

Find Your Inner Fire

AT A GLANCE:

Our talk series, *BURN: Find Your Inner Fire* addresses one of the greatest epidemics the world is facing today: Burnout.

At the root of it all, burnout isn't only emotional or physical, but spiritual. *Burnout is a spiritual sickness.*

The good news: *God has the perfect antidote.* This series unpacks God's solution.

AFTER THE SERIES:

You will find a connection between your spiritual thirst and your burnout—and how you may apply God's solution to your burnout.

Talk 1: "Burn In "

WHAT IT'S ALL ABOUT:

Talk 1 is titled Burn In because "burn in" means to use heat to etch or write or draw or mark into a material. That is one of the functions of fire.

The talk focuses on one thing that fire does: Fire transforms anything it touches.

If you allow God's fiery love to touch you, He will change you. He'll burn whatever needs to be burned in your soul—Pride, Greed, Selfishness... He'll make you malleable in His hands and shape your soul to be like more like Jesus. You will never be the same again.

I. REVIEW THE KEY BIBLE VERSES:

Review the Bible verses showing God as fire:

- When God appeared to Moses in Mt. Sinai, He appeared as a burning bush and the Bible says, *"though the bush was on fire it did not burn up."* (Exodus 3:2 NIV)
- When God appeared to the Israelites, *the LORD looked like a consuming fire on top of the mountain.* (Exodus 24:17 NIV)
- Fast forward to the New Testament: John the Baptist said that Jesus *"will baptize you with the Holy Spirit and fire."* (Luke 3:16 NIV)
- On the day of Pentecost, the Holy Spirit came down to the Apostles and Mama Mary in the form of *"tongues of fire that separated and came to rest on each of them."* (Acts 2:3 NIV)

Remind members the Bible verse that declares why God's love for His people is permanent: *See, I have written your name on the palms of my hands* (Isaiah 49:16 NLT)

II. ASK FOR REACTIONS AND REFLECTIONS

Ask for reactions on the story of the young rich man who seems to have everything in life and who is even a good man— but still lacks what's most important: a deep relationship with God.

Ask for sharing on how members satisfied their lack by things, people, distractions— which all proved futile until they turned to God.

BURN

Talk 1:
Burn In

Talk 2:
Burn Out

Talk 3:
Burn Up

Talk 4:
Big Day

Notes:



III. PRAY FOR EACH OTHER

PRAY that everyone will always remember God wrote our name on the palm of His hand, it's permanent. Because His love is permanent. Nothing we do can decrease His love for us. None of our sins can do that. We can say No to His love. But He won't stop loving us.

Because we are God's forever.

Pray St. Augustine's powerful prayer, the official prayer of our entire series: "Our hearts were made for You, O Lord, and they are restless until they rest in You."

Notes:

