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**Talk 2**



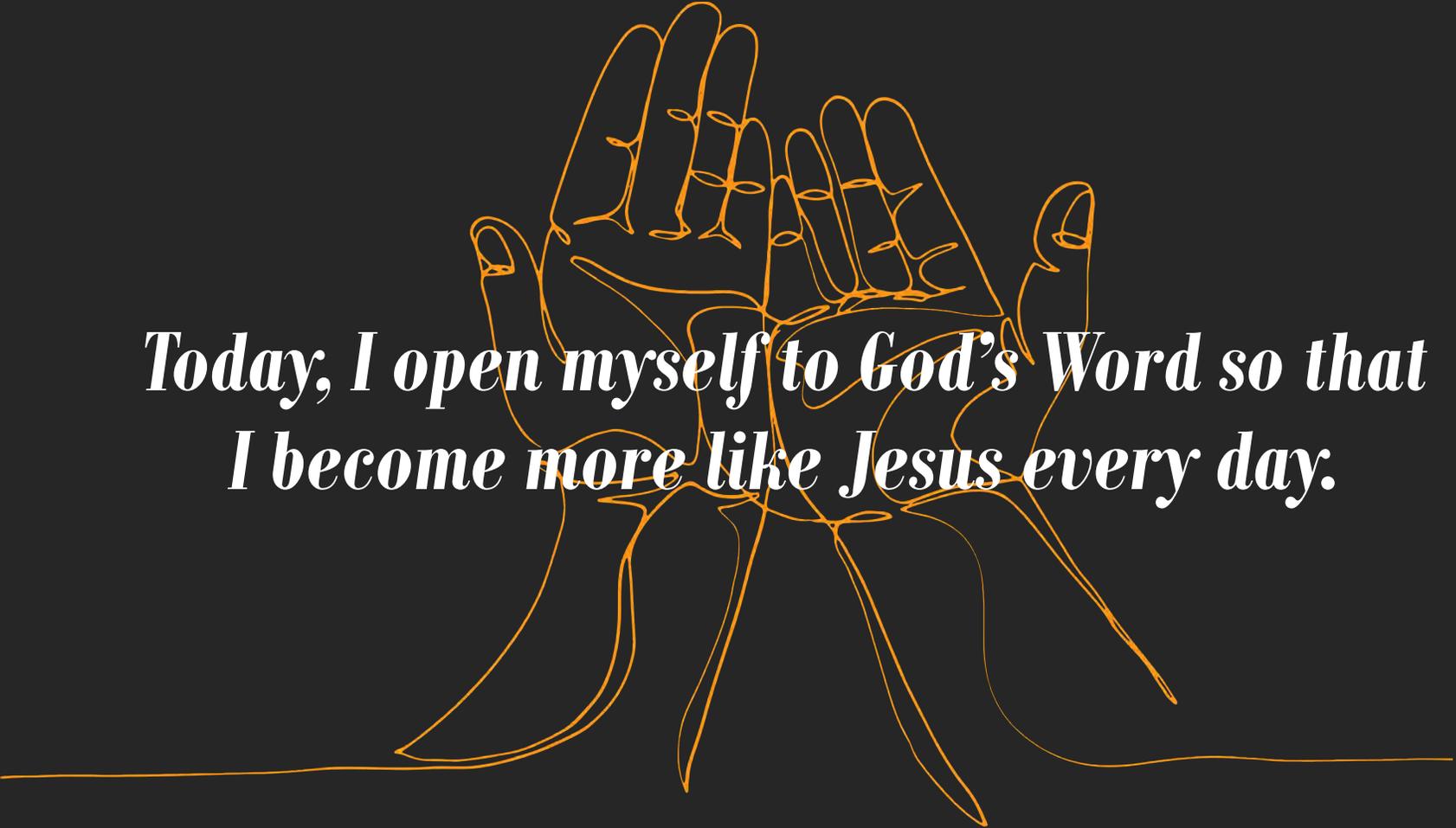
*Today, I receive all of God's love for me.*



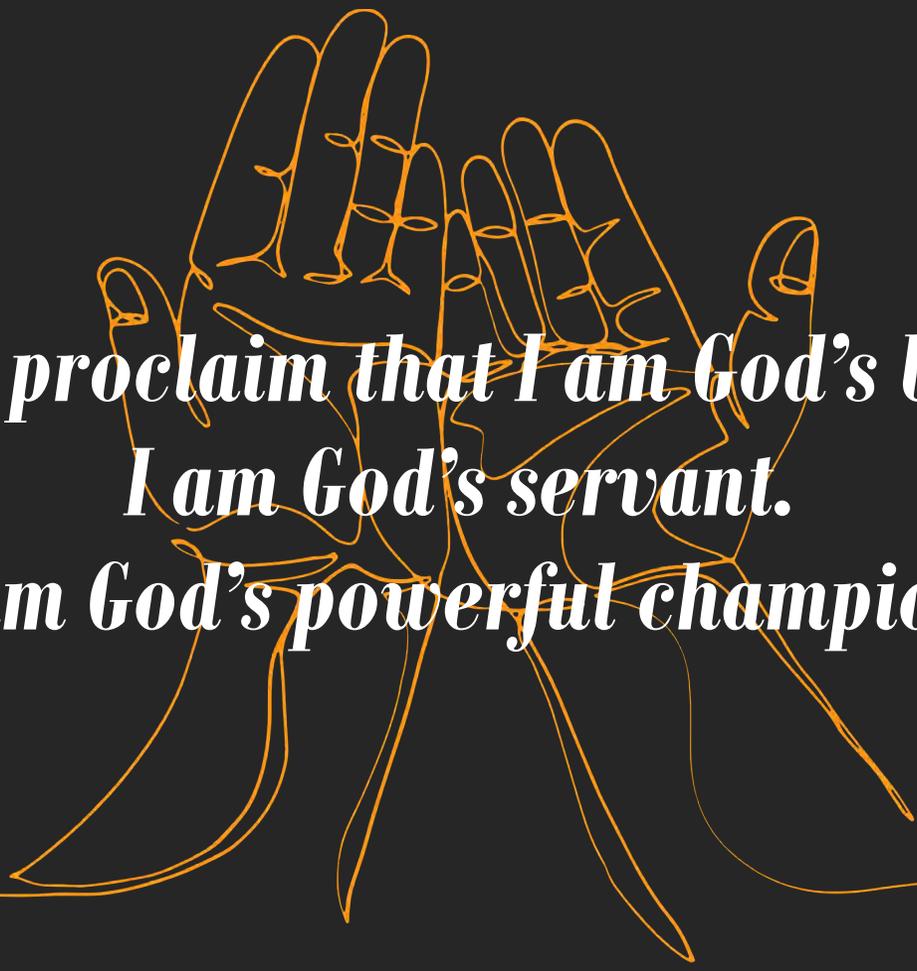
*Today, I open myself to the unbounded, limitless,  
overflowing abundance of God's universe.*



*Today, I open myself to God's blessings,  
healing, and miracles.*

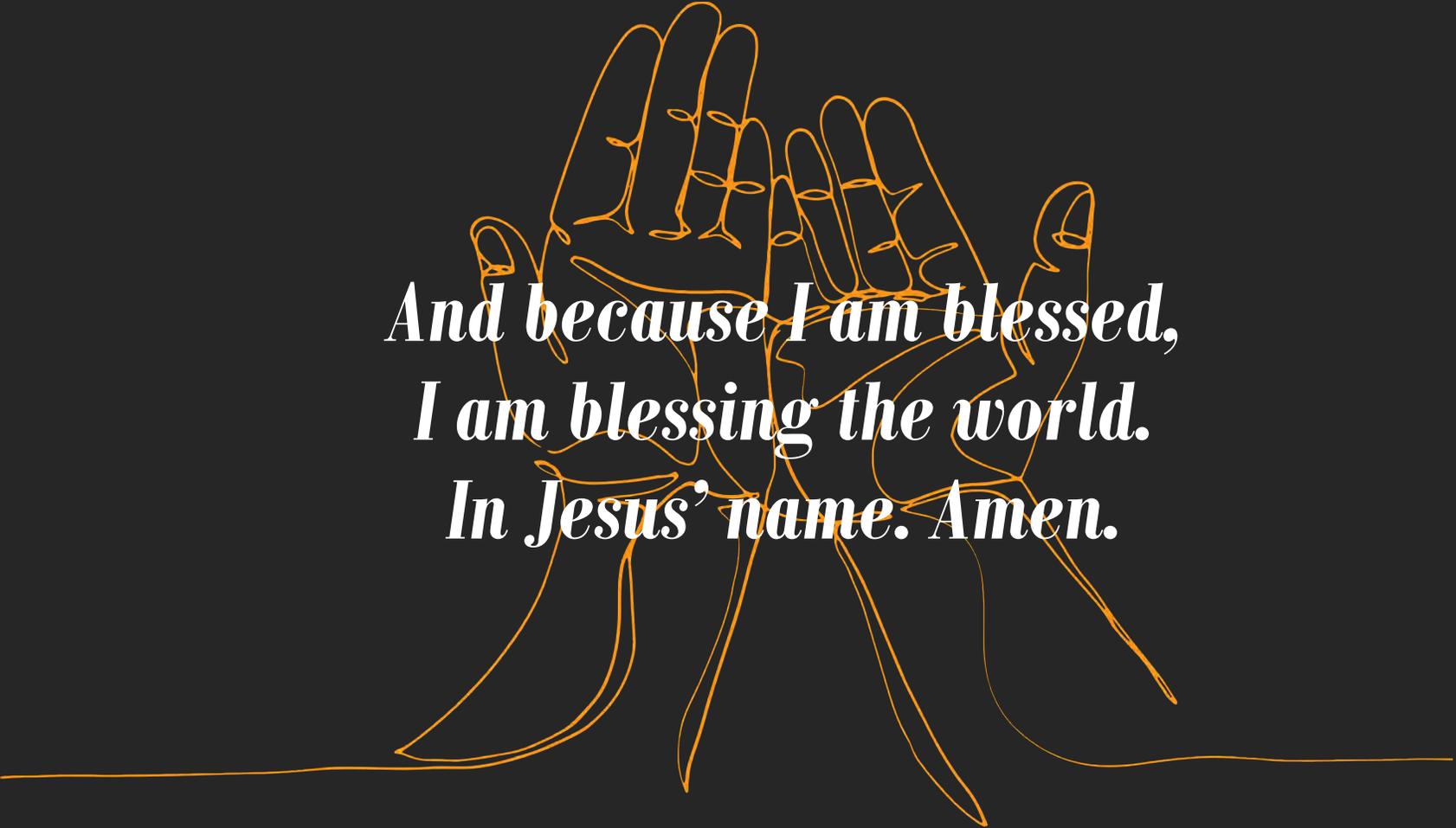


*Today, I open myself to God's Word so that  
I become more like Jesus every day.*



***Today, I proclaim that I am God's beloved.  
I am God's servant.  
I am God's powerful champion.***

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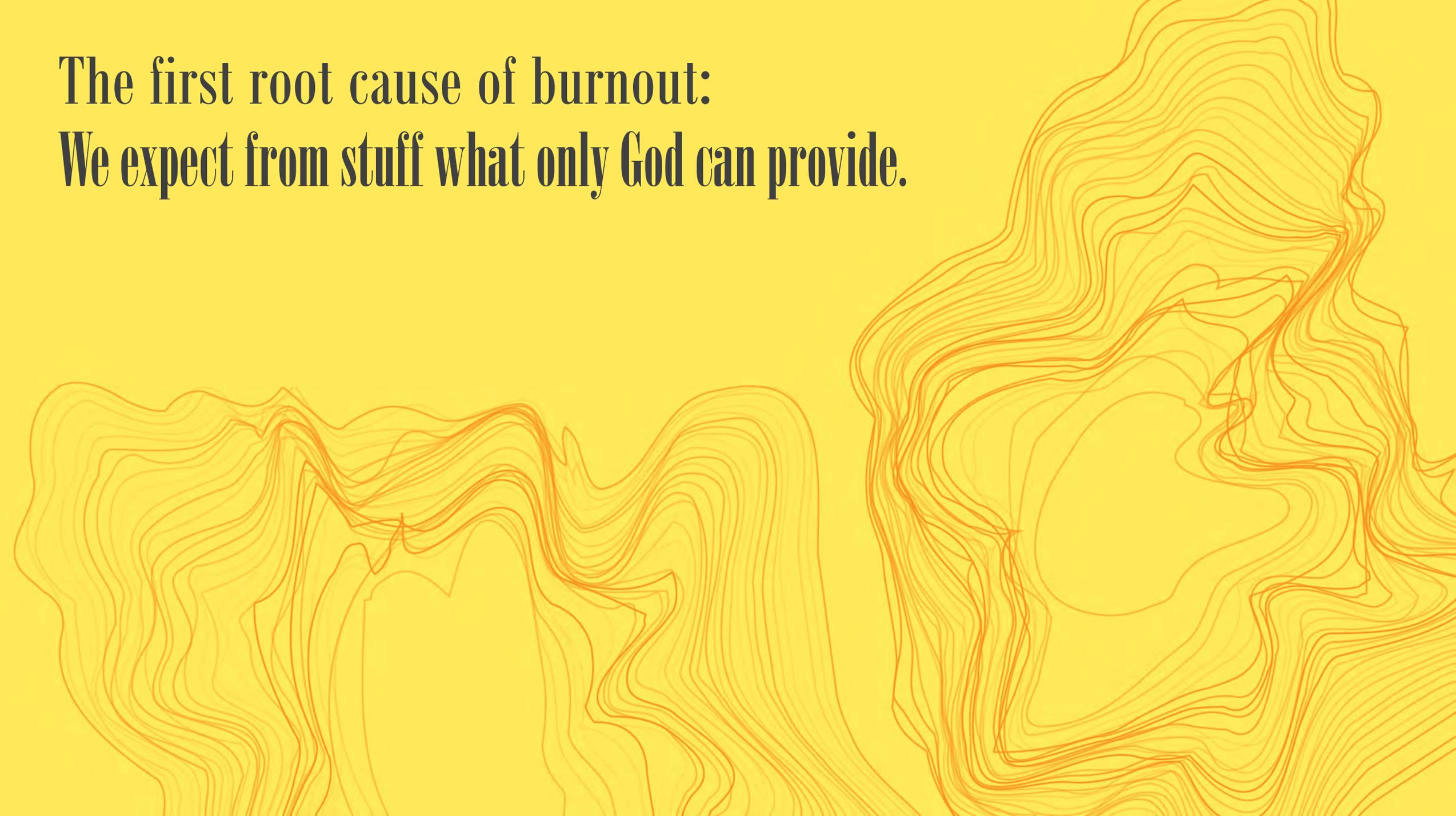


*And because I am blessed,  
I am blessing the world.  
In Jesus' name. Amen.*



**STOP STRUGGLING**

**The first root cause of burnout:  
We expect from stuff what only God can provide.**

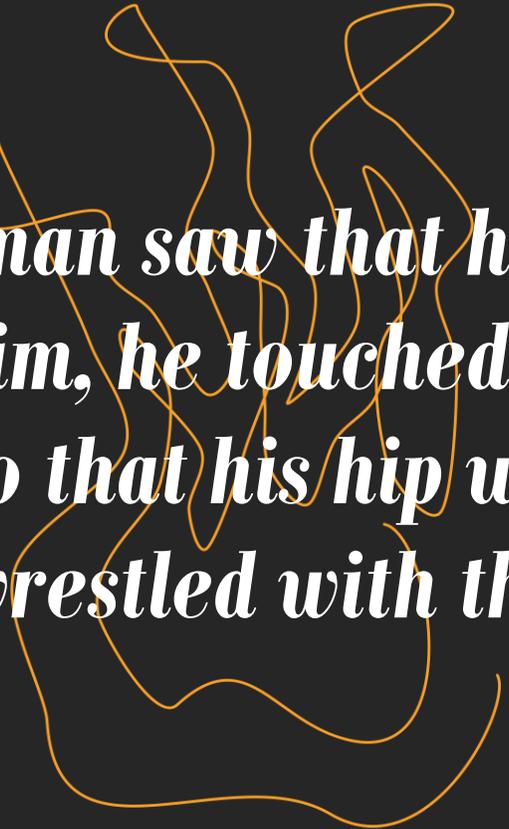


**Gen**  
**32:24**  
**NIV**



*So Jacob was left alone,  
and a man wrestled with him till daybreak.*

**Gen**  
**32:25**  
**NIV**



*When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man.*

**Gen**

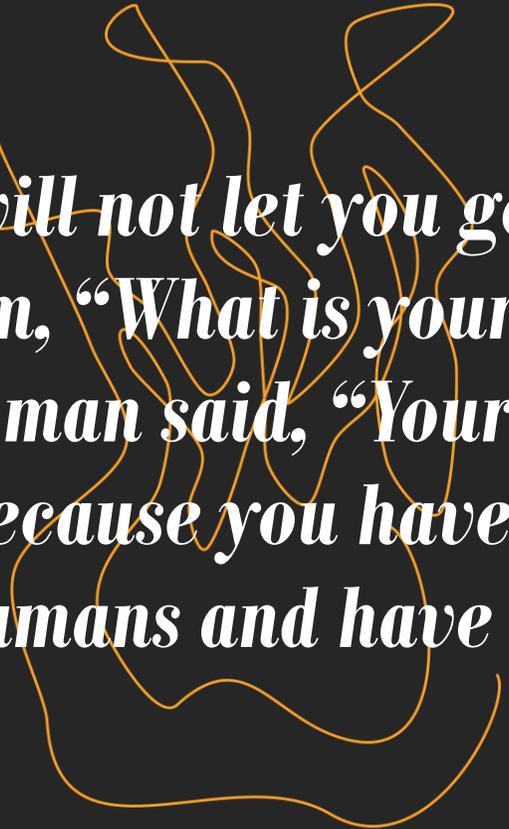
**32:26**

**-28**

**NIV**

*But Jacob replied, “I will not let you go unless you bless me.”*

*The man asked him, “What is your name?” “Jacob,” he answered. Then the man said, “Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome.”*



**This wrestling match was a snapshot  
of what Jacob's entire life looked like.**



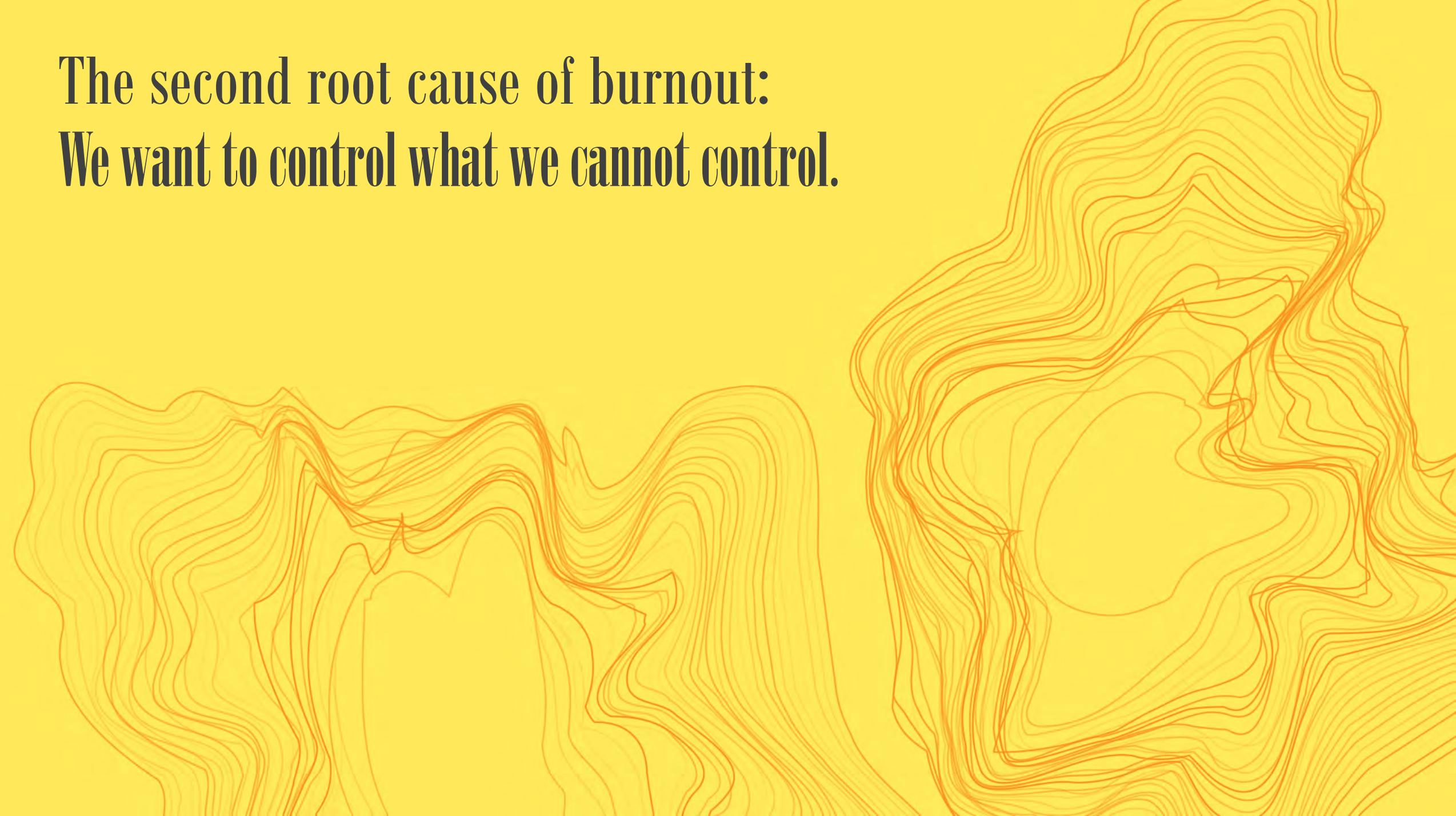
**Jacob = *heel grabber***



**Jacob = *Deceiver***



**The second root cause of burnout:  
We want to control what we cannot control.**



Control is  
**unwanted pressure**



***When you give up pressure,  
you gain peace.***



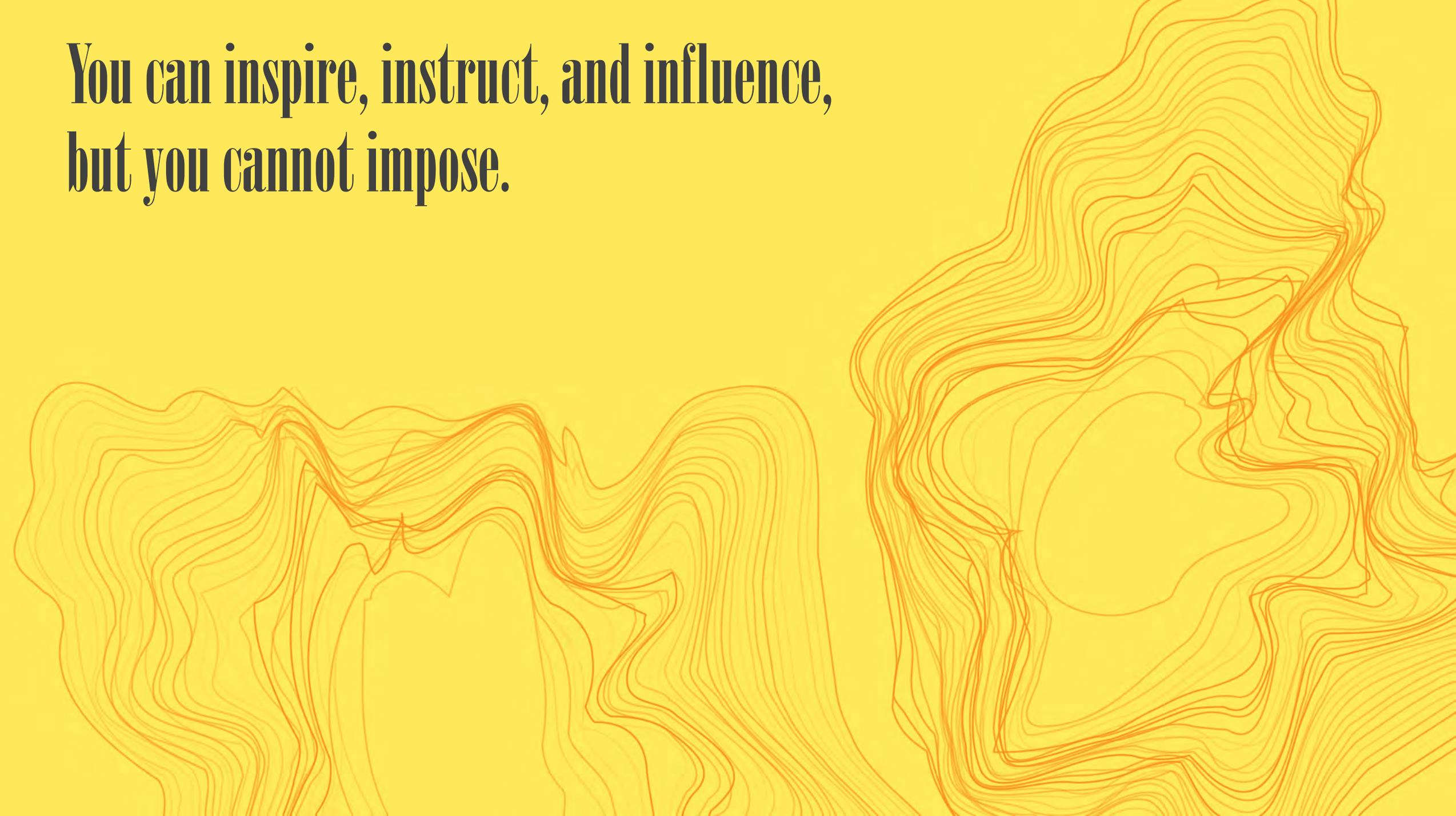


**STOP STRUGGLING**



**You can control you.**

**You can inspire, instruct, and influence,  
but you cannot impose.**



If it's stuff you can control,  
***work***  
If it's stuff you cannot control,  
***worship.***



If it's stuff you can control,  
***struggle.***  
If it's stuff you cannot control,  
***surrender.***



If it's stuff you can control,  
*toil.*  
If it's stuff you cannot control,  
*trust.*







**STOP STRUGGLING**