

Breaking Bad

AT A GLANCE:

Not a few may think this series is not for them. They don't drink. They don't take drugs. They don't smoke.

Some bad habits poison the body, but there are bad habits that poison the heart, which affect the body as well.

AFTER THE SERIES:

At the end of this revolutionary series, you'll learn how to overcome your bad habits and learn how to create new good ones.

Talk 1: "Bad Habits "

WHAT IT'S ALL ABOUT:

Talk 1 focuses on the message You look like Jesus. (*In Tagalog, Kamukha mo si Lord.*)

The talk presents the difference between man and beast. As images of God, *we're supposed to act like God, but we have bad habits that as if we are acting like beasts.*

Today, we talk about the testy relationship between man and beast. In the Book of Genesis, man and animals were made from the same source—dirt—and were made on the same day—the sixth day. But it was very clear from the start that God put man in charge of the beasts: *Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground."* (Genesis 1:26 NIV, emphasis mine).

Note that when the Bible says "rule", it was never to rule to molest, or maltreat, or manipulate, but to always to rule with magnanimity. (Spell magnanimity? Rule with love na lang.)

I. REVIEW THE KEY BIBLE VERSES:

Review how sin came about. It was an animal that tempted Eve.

Read: *Now the serpent was more crafty than any other beast of the field that the LORD God had made.* (Genesis 3:1 ESV). And in the course of Eve's conversation with the serpent, instead of ruling over the animal, she allowed the animal to rule over her.

Review the story of Cain and Abel

Cain, the first born son of Adam, kills Abel, his younger brother.

Read God's conversation with Cain *Then the LORD said to Cain, "Why are you angry? Why is your face downcast? 7 If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door it desires to have you, but you must rule over it."* (Genesis 4:6-7 NIV, emphasis mine).

II. ASK FOR REACTIONS AND REFLECTIONS

Ask for sharing on the 4 examples of bad habits.

1. Bad Habit of Lust
2. Bad Habit of Temper
3. Bad Habit of Greed
4. Bad Habit of Apathy

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Talk 1:
Bad Habits

Talk 2:
Inner Renewal

Talk 3:
Outer Renewal

Talk 4:
Big Day

Notes:



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Ask for sharing on the 4 essential habits you must have:

1. The Habit of Prayer
2. The Habit of Meditating The Word
3. The Habit of Serving The Church
4. The Habit of Sharing God's Love

III. PRAY FOR EACH OTHER

Pray that everyone will always remember that God already has a solution to overcoming bad habits. His name is Jesus. That we all look like Jesus.

Declare the logic:

- *First Truth: Jesus is selfless.*
- *Second Truth: God made you like Jesus.*
- *Therefore, you've got the DNA of selflessness in you.*

Pray for the grace to be faithful, humble kind? Pure like Jesus.

Declare: "Because of Jesus, I'm selfless."

Declare: *I look like Jesus. Amen.*

Notes:

