

TABOO

How To Talk About The Stuff We Don't Want To Talk About

AT A GLANCE

Review the definitions of the word taboo.

noun: taboo; plural noun: taboos; noun: tabu; plural noun: tabus

1. a social or religious custom prohibiting or forbidding discussion of a particular practice or forbidding association with a particular person, place, or thing.

adjective: taboo; adjective: tabu

1. prohibited or restricted by social custom."sex was a taboo subject"

2. synonyms: forbidden, prohibited, banned, proscribed, interdicted, outlawed, illegal, illicit, unlawful, restricted, off limits;

Moreunmentionable, unspeakable, unutterable, unsayable, ineffable; rude, impolite

verb: taboo; 3rd person present: taboos; past tense: tabooed; past

participle: tabooed; gerund or present participle: tabooing; verb: tabu;

3rd person present: tabus; past tense: tabued; past participle: tabued;

gerund or present participle: tabuing

1. place under prohibition."traditional societies taboo female handling of food during this period"

AFTER THE SERIES

We should be able to discern the taboos we have buried away from our consciousness, see how they have influenced our thoughts and actions, and how we may be healed of the malaise they caused in our body and soul.

Talk 3: Addictions *Trade It for Something Better*

WHAT IT'S ALL ABOUT:

Talk 3, Addictions, discusses breaking the pattern of addiction. But you cannot break a pattern without replacing it with a new pattern. You need to trade it for something better.

Personal Reflection and Group Sharing:

Do you have bad habits you want to remove from your life?

(Share only to the degree that you feel comfortable.)

If you're going to remove these bad habits, what good habits can you replace them with?

I. REVIEW THE KEY BIBLE VERSE

And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. (Romans 7:18-19 NLT)

Repeat the preacher's question: Does this sound familiar? You know it's wrong, and you don't want to do it-- but you do it anyway?

TABOO

Talk 1:
Ancestors

Talk 2:
Abuse

Talk 3:
Addictions

BIG DAY:
Learn to Laugh More

Notes:



