

TABOO

How To Talk About The Stuff We Don't Want To Talk About

AT A GLANCE

Review the definitions of the word taboo.

noun: taboo; plural noun: taboos; noun: tabu; plural noun: tabus

1. a social or religious custom prohibiting or forbidding discussion of a particular practice or forbidding association with a particular person, place, or thing.

adjective: taboo; adjective: tabu

1. prohibited or restricted by social custom."sex was a taboo subject"
2. synonyms: forbidden, prohibited, banned, proscribed, interdicted, outlawed, illegal, illicit, unlawful, restricted, off limits;

Moreunmentionable, unspeakable, unutterable, unsayable, ineffable; rude, impolite

verb: taboo; 3rd person present: taboos; past tense: tabooed; past

participle: tabooed; gerund or present participle: tabooing; verb: tabu; 3rd person present: tabus; past tense: tabued; past participle: tabued; gerund or present participle: tabuing

1. place under prohibition."traditional societies taboo female handling of food during this period"

AFTER THE SERIES

We should be able to discern the taboos we have buried away from our consciousness, see how they have influenced our thoughts and actions, and how we may be healed of the malaise they caused in our body and soul.

Talk 2: Abuse Take Charge!

WHAT IT'S ALL ABOUT:

Talk 2, Abuse, points out the truth: Anyone can be an abuser. There are many kinds of abuse, but this talk tackles four major ones: Physical, Sexual, Verbal-Emotional, and Religious.

Personal Reflection and Group Sharing:

*Are you abusing anyone? How can you stop now?
Or is there a person abusing you? How can you protect yourself?*

I. REVIEW THE KEY BIBLE VERSE

You shall not murder (Exodus 20:13 NIV).

Remember that this is the toughest series we've ever given at the Feast. Before asking for sharings, remind the members that unless the sharer allows public discussion of the sharing, whatever will be revealed during this session should be kept under the mantel of secrecy to protect the privacy of the sharers and people in their story.

TABOO

Talk 1:
Ancestors

Talk 2:
Abuse

Talk 3:
Addictions

BIG DAY:
Learn to Laugh More

Notes:



